



## WELCOME TO NEW YORK PAIN MANAGEMENT

The following questionnaire needs to be completed and for ease of your first apt can be faxed to 518-371-0366 or can be entered at the time of your initial evaluation.. **No injections** will be given at this visit.

Also enclosed are directions to our office and some information about the practice. Please note that many of the pages are two-sided.

### **ALL PATIENTS WILL NEED TO PROVIDE THE FOLLOWING BEFORE THE INITIAL EVALUATION (this includes Worker's Comp and No-Fault patients):**

- Copy of medical insurance card, front and back.
- Valid photo ID
- A referral from your Primary Care Doctor if required by your health insurance policy.

### **WORKER'S COMP PATIENTS WILL NEED TO PROVIDE THE FOLLOWING BEFORE THE INITIAL EVALUATION:**

- Insurance card and referral if required by said insurance.
- Completed Worker's Comp information form (enclosed).

### **NO FAULT PATIENTS WILL NEED TO PROVIDE THE FOLLOWING BEFORE THE INITIAL EVALUATION:**

- Medical insurance card and referral if required by said insurance.
- Completed No Fault forms (enclosed, 2 sided).
- Copy of driver's license and car insurance.

Completed forms can be faxed or mailed to New York Pain Management. If faxing, please bring the originals with you to the appointment. If mailing, it is highly recommended that you take a copy of the completed forms before mailing them as well as bring a copy to the appointment.

If you should need to change your appointment, 48-hour notice is required, or a cancellation fee may apply. We accept cash or check only for all payments.

We look forward to seeing you.

**WELCOME TO NEW YORK PAIN MANAGEMENT, LLC, the office of Dr. Charles F. Gordon III specializing in Interventional Pain Management and Regenerative Medicine.**

Decreasing your pain and its impact on your personal and professional life is our first and foremost concern. We deliver a complete program of unique, state-of-the-art pain control techniques to help you:

- Advance your functional ability.
- Improve your emotional well-being.
- Optimize your quality of life.

Our team always employs a caring and responsive attitude. All patients are treated with dignity and respect for privacy, and we will not release any information about you unless we have a signed release to do so. We are committed to providing you with quality pain management services and the highest standards of medical care in a cost-effective manner.

**A THOROUGH APPROACH FOR THE BEST RESULTS**

We work closely with your referring and primary care doctors. We continuously monitor and measure the effectiveness of your therapies and, on a regular basis, deliver telephone and written updates of your progress to your referring physician and all others that you request.

Optimum pain management begins with an accurate diagnosis of the origin of your pain. We request that referring physicians send us a complete medical history, including results of radiology and laboratory tests, and any previous approaches to pain management that have been taken. Before we can develop a comprehensive, individualized treatment plan for you, you must receive a thorough medical evaluation.

**Your first visit includes:**

- A detailed medical history and physical examination
- Review of all past diagnostic and treatment data Medication History
- Radiologic Tests: X-ray, CT, MRI, and Bone Scans (Bring pertinent x-rays or MRIs)
- Neurologic Tests: EMG, NCV, and QST
- Laboratory Tests Surgical Reports

**TREATMENT OPTIONS**

These established and innovative therapies provide a significant reduction or complete elimination of pain in most patients. Your individualized treatment plan may include one or more of the following:

- Joint, spine or nerve injections
- Regenerative therapies such as PRP
- Spinal Cord Stimulation
- SI Fusion or minimally invasive spinal stenosis treatments

**We are currently not admitting new patients for medication management, but if requested, will perform a consultation for ongoing medication management by the referring doctor. Nor do we handle the implanted pumps.**

**APPOINTMENTS - Please bring any MRI or X-rays with you to your first appointment.**

Our office hours are from **7:15 am to 3:30 PM Monday-Friday**. Appointments are scheduled from 7:30 am to 3:00 PM. When you call us at **(518)-371-0777**, we will schedule you an appointment. Every effort is made to meet with- patients on time. To speed up your first appointment you may either fax the completed paperwork to **(518)-371-0366**, or we ask that you arrive on time to fill out any necessary paperwork. Should you arrive more than 15 minutes late you may be required to reschedule your appointment.

When unexpected events prevent you from keeping an appointment, we ask that you give us **48** hours advance notice. If you forget to cancel within the 48-hour period and do not show up for an evaluation appointment, **there is a \$50 charge** which must be paid prior to your next appointment. Should the appointment be for a procedure, **the charge is \$100**. If you forget to cancel or do not arrive for your appointment on three occasions, we reserve the privilege of excusing you from the practice with a 30-day notice and a referral to other practitioners in the area.

**MESSAGE CENTER**

For medical emergencies we advise you to go the nearest emergency room or to call 911. For non- emergency questions, clinical information, or prescription refills, please call us during office hours. Urgent messages will be relayed to the physician on call. ***As a reminder, there are no medication refills after office hours or on Fridays.***

**PRESCRIPTION REFILLS**

We are currently not accepting new patients for medication management.

**FINANCIAL INFORMATION**

An “initial registration” phone call will provide information that allows us to verify your coverage and benefits with your insurance carrier. On the day of your appointment and at each visit that follows we require that you bring your insurance card and referral document if required. **Co-payments, Deductibles and/or Co-insurance amounts are due at the time of check-in. We accept cash and check. A \$10 billing fee applies if Co-payments are not paid prior to your visit.** \*\*\*Note that checks that are returned due to insufficient funds will be subject to a *\$15 charge, plus any bank charges, and all subsequent visits will be on a cash only basis.*

**REFERRALS**

Many insurance companies require Referrals from your Primary Care Doctor. We will attempt to track your referrals, but they are ultimately your responsibility. Regarding referrals, any charge not paid by your insurance company due to an outdated referral, a lack of referral, or visits above the number allowed on your referral, is your responsibility.

## **NEW YORK PAIN MANAGEMENT DIRECTIONS TO OUR LOCATIONS**

### **9 OLD PLANK ROAD, SUITE 100, CLIFTON PARK, NY 12065**

**COMING FROM THE NORTH** (Allow least 15 minutes extra driving time due to heavy traffic in the morning): Take I- 87 Southbound, merge on to NY-146 E via EXIT 9E toward Halfmoon. You are now on Rte. 146 heading eastbound. At the next light turn LEFT on to Fire Road.

**COMING FROM THE SOUTH:** Take I-87 Northbound, merge on to Rte. 146 via Exit 9. At the end of the ramp stay straight through the light. You are now on Fire Road.

**COMING FROM THE EAST:** Take Route 146 Westbound. Pass thru the intersection of Rte. 146 and Rte. 9. At the next light turn right on to Fire Road.

**COMING FROM THE WEST:** Take Route 146 Eastbound. Pass UNDER THE NORTHWAY. At the next light turn LEFT on to Fire Road.

**\*\*FOR ALL DIRECTIONS: \*\***

Once on Fire Road, stay straight and you will pass a Red Roof Inn on your left-hand side; take the first left onto **Clifton Park Village Road**. Continue to veer to your left before the Church. This will put you on **OLD PLANK ROAD**. The green building on the left is G6 Medical & New York Pain Management.

### **375 BAY ROAD STE 103, BLDG. "B", QUEENSBURY, NY 12804**

**FROM THE NORTH:** 87 South to exit 19 for NY-254 toward Glens Falls/Hudson Falls, continue NY-254 E. Turn Right onto NY-254 E, turn left onto Glenwood Ave. Turn left onto Bay Rd, 375 is on the left. Office is in the back; entrance is labeled with a large "B."

**FROM THE SOUTH:** I-87 N to NY-254 W/Aviation Rd in Queensbury. Take exit 19 for NY-254 toward Glens Falls, turn right onto NY-254 W/Aviation Rd, turn left onto Glenwood Ave. Turn left onto Bay Rd. 375 is on the left. Office is in the back; entrance is labeled with a large "B."

## New Patient Information

### FULL LEGAL NAME

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Telephone: ( ) \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_ Age: \_\_\_\_\_  
Marital status: Single \_\_\_\_\_ Married \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed \_\_\_\_\_  
E-Mail Address: \_\_\_\_\_

### Race:

\_\_\_\_\_ White \_\_\_\_\_ American Indian \_\_\_\_\_ Black/African American  
\_\_\_\_\_ Alaska Native \_\_\_\_\_ Asian Native Hawaiian \_\_\_\_\_ Other Pacific Islander  
\_\_\_\_\_ Not Provided \_\_\_\_\_ Other

### Ethnicity:

\_\_\_\_\_ Hispanic/Latino \_\_\_\_\_ Non-Hispanic/Latino  
\_\_\_\_\_ African American \_\_\_\_\_ Other Not Provided

### Language:

\_\_\_\_\_ English \_\_\_\_\_ French \_\_\_\_\_ German \_\_\_\_\_ Japanese  
\_\_\_\_\_ Mandarin \_\_\_\_\_ Russian \_\_\_\_\_ Spanish \_\_\_\_\_ Other

### PATIENT EMPLOYER INFORMATION

Currently employed  Unemployed  Retired  Legally disabled

Company Name: \_\_\_\_\_  
Company Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Work Telephone: ( ) \_\_\_\_\_

### IF MARRIED, PLEASE LIST SPOUSE'S EMPLOYMENT INFORMATION

Spouse's Name: \_\_\_\_\_  
Spouse's Date of Birth: \_\_\_\_\_  
Spouse's Employer: \_\_\_\_\_

### PRIMARY CARE PHYSICIAN

Name: \_\_\_\_\_ Telephone #: ( ) \_\_\_\_\_  
Address: \_\_\_\_\_

### REFERRING PHYSICIAN

Name: \_\_\_\_\_ Telephone #: ( ) \_\_\_\_\_  
Address: \_\_\_\_\_

**PRIMARY CARDHOLDER INFORMATION (If different from patient)**

Name: \_\_\_\_\_  
Relationship: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_  
Cardholder's Employer: \_\_\_\_\_

**PRIMARY INSURANCE**

Insurance Company: \_\_\_\_\_ Cardholder's Name: \_\_\_\_\_  
Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_

**SECONDARY INSURANCE COMPANY**

Insurance Company: \_\_\_\_\_ Cardholder's Name: \_\_\_\_\_  
Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_

**WORKER'S COMPENSATION, NO FAULT INFORMATION AS APPLICABLE**

Date of Injury: \_\_\_\_\_ Last 4 of SS # \_\_\_\_\_

WCB #: \_\_\_\_\_

Workers Compensation Carrier Name and Case Number: \_\_\_\_\_

Telephone #: ( ) \_\_\_\_\_ Adjuster: \_\_\_\_\_

Employer at time of injury: \_\_\_\_\_ Telephone #: ( ) \_\_\_\_\_

Employers Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Job title: \_\_\_\_\_

Job duties: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## AUTHORIZATION TO DISCLOSE HEALTH INFORMATION

PATIENT NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

I authorize the use or disclosure of the above-named individual's health information from/to my referring physician and other specialists involved in my care. The following additional individual or organization is authorized to make/receive the disclosure i.e., Lawyer, Spouse, etc.:

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The type and amount of information to be used or disclosed is the entire medical chart including medical records, office notes, hospital records, pharmaceutical records, laboratory records, X-ray and MRI films, CAT scans, any other radiological films, and medical bills.

I understand that the information in my health records may include information relating to sexually transmitted disease, acquired immunodeficiency syndrome (AIDS), or human immunodeficiency virus (HIV). It may also include information about behavioral or mental health services, treatment for alcohol and drug abuse, pregnancy, and/or family planning.

This information may be disclosed to and used by the following individual or organization for medical evaluation and treatment:

**New York Pain Management, LLC  
9 Old Plank Road, Suite 100  
Clifton Park, NY 12065**

I understand I have the right to revoke this authorization at any time. I understand that if I revoke this authorization, I must do so in writing and present my written revocation to the person or entity I authorized to release my information. I understand the revocation will not apply to information that has already been released in response to this authorization. I understand the revocation will not apply to my insurance company when the law provides my insurer with the right to contest a claim under my policy. Unless otherwise revoked, this authorization shall be in full force and effect until such time as the medical provider no longer maintains the health insurance.

I understand that authorizing the disclosure of this health information is voluntary. I can refuse to sign this authorization. I need not sign this form in order to assure treatment. I understand I may inspect or copy the information to be used or disclosed as provided in CFR 164.524. I understand any disclosure of information carries with it the potential for an unauthorized re-disclosure, and the information may not be protected by federal confidentiality rules.

A photocopy of this authorization shall be considered as effective and valid as the original.

**WRITE YES OR NO IN SPACE PROVIDED.**

\_\_\_\_\_ INSURANCE AUTHORIZATION - I hereby authorize New York Pain Management, LLC, to furnish information to my insurance carriers concerning my illness and treatment.

\_\_\_\_\_ ASSIGNMENT OF BENEFITS - I hereby assign to New York Pain Management, LLC, all payments for medical services rendered to my dependents or myself. I understand that I am responsible for any amount not covered by insurance.

\_\_\_\_\_ OUT OF NETWORK- I understand it is my responsibility to know my insurance plan benefits and whether a provider is in my network. I agree that I am fully responsible for any costs incurred.

\_\_\_\_\_ TREATMENT AUTHORIZATION - I hereby authorize New York Pain Management, LLC, to render health care to me during my visit.

\_\_\_\_\_ APPOINTMENT AUTHORIZATION – I hereby authorize New York Pain Management, LLC, to communicate with me regarding my appointments using my answering machine, other Voice Mail, and authorized persons. AUTHORIZED PERSONS:

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SIGNATURE

DATE

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WITNESS NAME

DATE



# PAIN QUESTIONNAIRE

Complete and return this form before your arrival for your first appointment. Your answers will help us to understand your pain. Our records are strictly confidential. No outsider is permitted to see your case record without your written permission unless we are required to do so by law (e.g., Worker's Compensation Claims).

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Referring Physician \_\_\_\_\_

## PRIOR PAIN PROCEDURES:

Have you previously had any pain procedures, blocks, or injections?

YES

NO

If your answer is YES please specify: \_\_\_\_\_

Why are you seeking treatment? \_\_\_\_\_

Have you seen another pain doctor? Who? \_\_\_\_\_

**PAIN DURATION:** How long have you had your current pain? \_\_\_\_\_ YEARS \_\_\_\_\_ MONTHS

**ONSET OF PAIN:** How did your current pain start?

Injury at work  Motor vehicle accident

Undetermined  Illness, non-injury

Other \_\_\_\_\_

**TIMING OF PAIN:** How often do you have your pain? (Please check one)

Constantly (100% of the time)

Intermittently (30% to 60% of the time)

Nearly constantly (60% to 95% of the time)

Occasionally (less than 30% of the time)

**PAIN QUALITY:** How would you describe the pain?

Burning  Cramping  Pins & Needles  Sharp

Numbness  Shooting  Aching  Throbbing

Pressing  Other \_\_\_\_\_

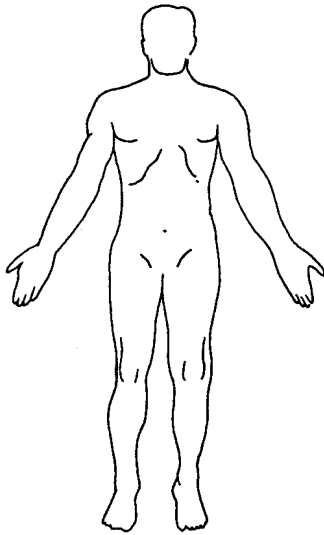
## PAIN LEVEL:

CHOOSE THE FACE THAT BEST DESCRIBES HOW YOU FEEL

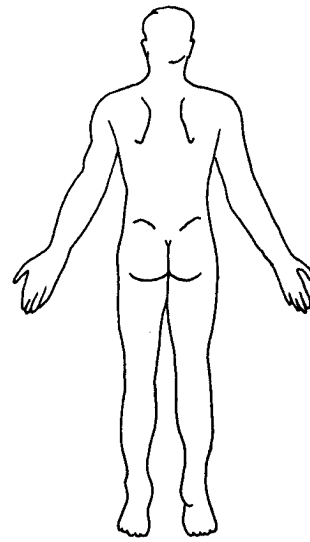


0 1 2 3 4 5 6 7 8 9 10  
MILD MODERATE EXTREME

Patients Name : \_\_\_\_\_



*Front*



*Back*

**PAIN LOCATION:** Please describe the location(s) of your pain: \_\_\_\_\_

**RELIEVING AND AGGREVATING FACTORS:**

How do the following affect your pain?

Please check one for each item

	INCREASED	NO CHANGE	DECREASED
Lying down _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Standing _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walking _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Medications _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relaxation _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coughing/Sneezing _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How long can you walk before having to stop due to pain?

\_\_\_\_\_ Minutes \_\_\_\_\_ Hours

How long can you sit before having to get up?

\_\_\_\_\_ Minutes \_\_\_\_\_ Hours

How long can you stand before you have to sit down?

\_\_\_\_\_ Minutes \_\_\_\_\_ Hours

Patients Name : \_\_\_\_\_

**PAIN TREATMENTS:**

Check all of the treatments you have tried and then indicate the amount of relief if any

	DATE (approx)	No Relief	Moderate Relief	Excellent Relief
Traction _____		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Acupuncture _____		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
TENS Unite _____		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physical Therapy _____		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heat Treatment _____		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chiropractic _____		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exercise _____		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**PSYCHOLOGICAL TREATMENT:**

Have you ever had psychiatric, psychological, or social work evaluations or treatments for any problem, including your current pain? If yes, when? \_\_\_\_\_ 

YES	NO
-----	----

Have you ever considered suicide? \_\_\_\_\_ 

YES	NO
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**EDUCATION:** Your highest educational level achieved: \_\_\_\_\_

**EMPLOYMENT:** Current employment status (please check all that apply):

Employed full-time     Employed part-time     Unemployed     Unemployed because of the pain  
 Homemaker     Retired     Student

If you are currently unemployed, indicate how long you have been off work:

1 - 3 weeks     4 - 7 months     12 - 18 months     25 or more months  
 1 - 3 months     8 - 11 months     19 - 24 months

**LEGAL ISSUES:** Indicate any of the following you have filed related to your pain:

Workers' compensation     Social Security Disability Insurance (SSDI)  
 Personal injury/liability (Unrelated to work)     Other insurance     None

Patients Name : \_\_\_\_\_

**SOCIAL HISTORY:**

Marital Status: \_\_\_\_\_ Lives with \_\_\_\_\_ Number of children \_\_\_\_\_

Occupation: \_\_\_\_\_

Exercise: \_\_\_\_\_ 

YES	NO
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Type of exercise \_\_\_\_\_

Tobacco use: \_\_\_\_\_ 

YES	NO
-----	----

Caffeine use: \_\_\_\_\_ 

YES	NO
-----	----

Alcohol use: \_\_\_\_\_ 

YES	NO
-----	----

Contraception? \_\_\_\_\_ 

YES	NO
-----	----

Ever felt the need to cut down alcohol use? \_\_\_\_\_ 

YES	NO
-----	----

Ever been angry when criticized about your alcohol use? \_\_\_\_\_ 

YES	NO
-----	----

Ever felt guilty about something that happened while drinking? \_\_\_\_\_ 

YES	NO
-----	----

Ever needed an "Eye Opener" in the morning? \_\_\_\_\_ 

YES	NO
-----	----

Illegal drug use? \_\_\_\_\_ 

YES	NO
-----	----

**SUBSTANCE ABUSE:**

Do you have a history of alcoholism? \_\_\_\_\_ 

YES	NO
-----	----

Have you ever been in a detoxification program for drug abuse? \_\_\_\_\_ 

YES	NO
-----	----

Alcoholics Anonymous? \_\_\_\_\_ 

YES	NO
-----	----

**FAMILY HISTORY:**

Alcoholism	YES	NO
Asthma	YES	NO
Bleeding disorders	YES	NO
CAD/Coronary Disease	YES	NO
Cancer	YES	NO
COPD /Emphysema	YES	NO
CVA/Stroke	YES	NO
Diabetes	YES	NO
Gout	YES	NO

Headaches	YES	NO
Heart disease	YES	NO
Hepatitis	YES	NO
Hyperlipidemia	YES	NO
Hypertension	YES	NO
Liver disease	YES	NO
Pain	YES	NO
Pancreatitis	YES	NO
Pneumonia	YES	NO

ARE YOU CURRENTLY PREGNANT? \_\_\_\_\_ 

YES	NO
-----	----

ARE YOU TRYING TO BECOME PREGNANT? \_\_\_\_\_ 

YES	NO
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